

Quarterly Report on the In-Home Outreach Team (IHOT) Program

7-1-2013 to 9-30-2013

San Diego County-Behavioral Health Services

The IHOT program received 109 new referrals between 7/1/2013 and 9/30/2013 for a total of **681** referrals received to date (i.e., since 1/1/2012). Of the total referrals received to date, 252 (37.0%) met all eligibility criteria and were accepted into the Outreach Phase of the IHOT program. Referrals from outside of the approved IHOT service regions continued to represent the primary reason referrals were not accepted. Of all persons accepted into the Outreach Phase, 21.0% (n=53) were determined to be potential Laura's Law (PLL) candidates.

As of 9/30/2013, **42.9% (n=108)** of all persons accepted into the Outreach Phase had transitioned to the Engaged Phase. Very similar proportions of PLLs and non-PLLs had transitioned from Outreach to the Engaged Phase (43.4% and 42.7% respectively).

As of 9/30/2013, **34** persons had successfully completed the IHOT program and had been linked to other supports through the assistance of the IHOT staff. Most of the linkages (85.3%, n=29) occurred after the IHOT participant had transitioned to the Engaged Phase, but some linkages (n=5) occurred during the Outreach Phase while IHOT staff worked with participant's families to provide education, encouragement, and connections to services.

Of the **252** persons accepted into the IHOT program to date, 45.7% (n=115) had successfully completed the IHOT program or were still active in either the Outreach or Engaged Phase as of 9/30/2013. A total of 137 participants (54.3%) had ended their involvement with IHOT prior to successful completion. Loss of contact was the primary reason for such closures.

- The majority of participants had the following features:
- Diagnostic impression of Schizophrenia/Schizoaffective disorder (50.8% or 128 participants).
- Indications of a co-occurring substance abuse disorder (46.8%, or 118 participants).
- Psychiatric hospitalization and incarceration within the 12 months prior to entering IHOT were common (respectively, 42.9%, or 108 participants and 23.0%, or 58 participants).

Overall, the service utilization patterns continued to indicate that participation in IHOT was associated with increased outpatient mental health treatment and reduced utilization of high severity, high need services such as PERT, EPU, and psychiatric hospitalization, relative to service utilization pre-IHOT. It is important to note that these comparisons only include San Diego County public mental health service utilization data. Also, the results should be considered preliminary until larger numbers of participants have participated in and completed the IHOT program. We will continue to monitor and evaluate the service utilization data in future reporting periods.

Report on the In-Home Outreach Team (IHOT) Program

Supplemental Material for the IHOT Quarterly Report: 07-01-2013 to 09-30-2013
San Diego County-Behavioral Health Services

Key IHOT Program Indicators

	July – Sept. 2013	Total TD ¹	PLL ² TD	Non-PLL TD
1. New Referrals into IHOT	109	681	-	-
2. Accepted into Outreach Phase	41	252 37.0%	53 21.0% ³	199 79.0% ³
3. Entered Engaged Phase	16	108 42.9%	23 43.4%	85 42.7%
4. Successfully Linked	3	29 26.9%	5 21.7%	24 28.2%

Except where noted, percentages are calculated with the number from the level above as the denominator; ¹ TD = "To Date" since 1/1/12; ² PLL = "Potential Laura's Law" candidates; ³ Percentages use 252 (total in "Outreach") as the denominator

Primary Linkage to Other Supports	July – Sept. 2013		Total TD	
	N	%	N	%
Outpatient MH/SA Tx.	1	25.0	11	32.4
Long-Term 24-hour specialized care	-	-	3	8.9
Inpatient MH Tx.	1	25.0	2	5.8
Residential SA Tx.	-	-	3	8.9
Board & Care/ Supportive Housing	1	25.0	7	20.6
Family/Friend Housing	-	-	2	5.8
Independent Living	-	-	2	5.8
Other	1	25.0	4	10.8
Total	4¹	100	34²	100

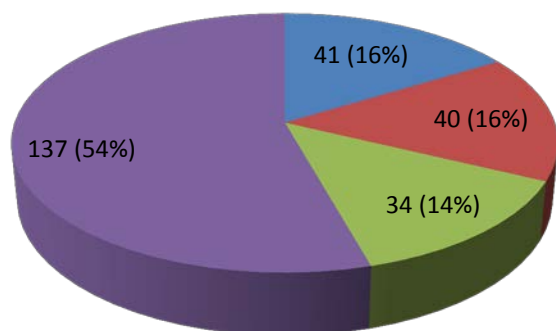
¹ Includes 1 person successfully linked during Outreach

² Includes 5 persons successfully linked during Outreach

Program Status as of 9/30/2013 for All Persons Accepted into IHOT Outreach To Date

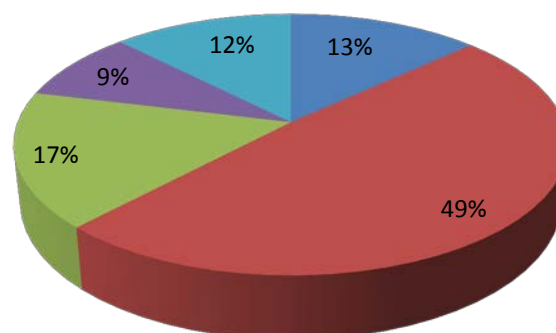
IHOT Program Status

- Active Outreach
- Active Engaged
- Successfully Linked via IHOT
- Closed



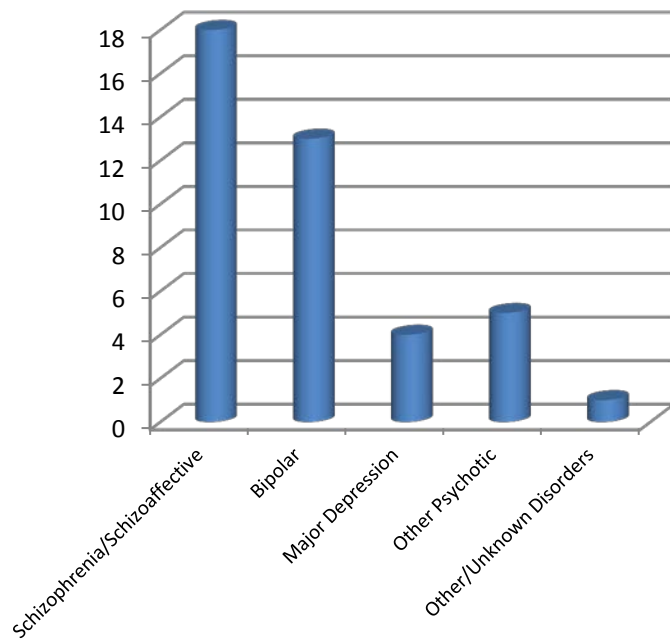
Reason Closed

- Moved/Ineligible
- Not Able to Contact/ Became Unavailable
- Decline Services
- Linked to Services not via IHOT
- Other

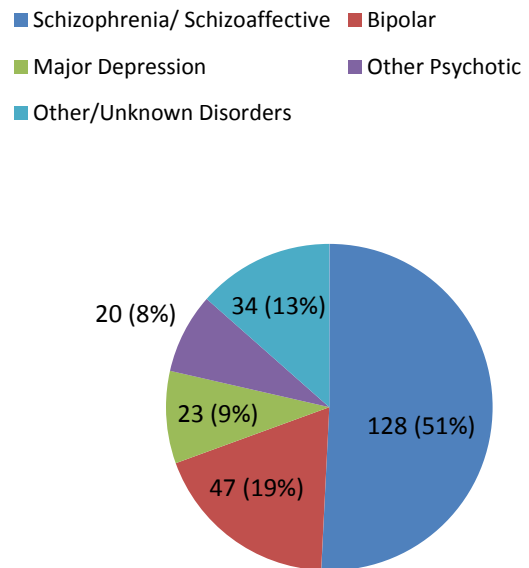


Behavioral Health Related Characteristics of Persons Accepted into IHOT Outreach

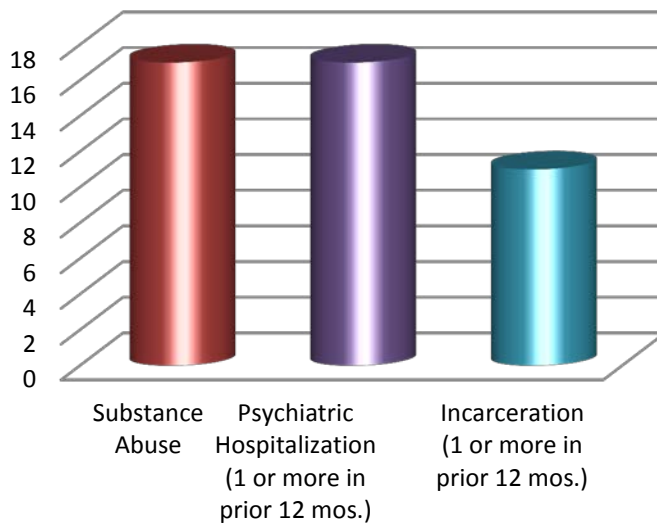
**Primary Mental Health Diagnostic Impression
(July – September 2013)**



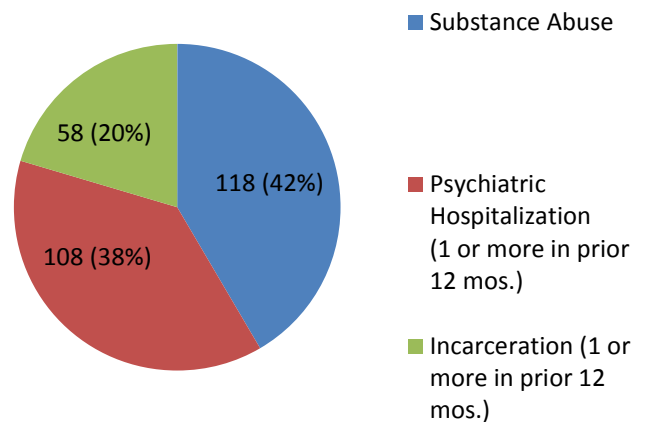
**Primary Mental Health Diagnostic Impression
(Total To Date)**



**Substance Abuse, Hospitalization, or Incarceration
(July - September 2013)**



**Substance Abuse, Hospitalization, or Incarceration
(Total To Date)**



Demographics of Persons Accepted into the IHOT Outreach Phase

Gender	July–Sept. 2013		Total TD	
		%	N	%
Male	30	73.2	161	63.9
Female	11	26.8	91	36.1
Total	41	100	252	100

Age Group	July–Sept. 2013		Total TD	
	N	%	N	%
18-24	11	26.8	44	17.5
25-59	25	61	179	71
60	5	12.2	29	11.5
Total	41	100	252	100

County Region	July–Sept. 2013		Total TD	
	N	%	N	%
Central	11	26.8	90	35.7
East	14	34.2	69	27.4
North Coastal	16	39	93	36.9
Total	41	100	252	100

Race/Ethnicity	July–Sept. 2013		Total TD	
	N	%	N	%
Caucasian	28	68.3	158	62.7
Latino	4	9.8	30	11.9
African American	7	17.1	34	13.5
Asian	1	2.4	9	3.5
Multi	-	-	7	2.8
Other	1	2.4	14	5.6
Total	41	100	252	100

Living Situation	July–Sept. 2013		Total TD	
	N	%	N	%
Lives with Family	24	58.5	131	51.9
Lives alone	5	12.2	25	9.9
Lives with non-relatives	4	9.8	12	4.8
Board and Care	-	-	7	2.8
Jail/Justice Related	-	-	7	2.8
Homeless/ Shelter	5	12.2	26	10.3
Institutional/ Residential Treatment	2	4.9	7	2.8
Other	-	-	15	6
Unknown	1	2.4	22	8.7
Total	41	100	252	100

San Diego County Public Mental Health Service Utilization Before, During, and After IHOT Participation

(Charts report the average number of service visits/admissions per person, per year calculated from the actual service utilization records of the 108 persons who had entered into the IHOT Engaged Phase as of 9/30/2013)

